Larimer County Mobility Committee (LCMC) Agenda

October 20th, 2026, from 1:30 – 3:00 pm

In-person Location:
Loveland Youth Campus in the United Way Classroom 1 at 2366 E 1st St, Loveland, CO 80537

Call-in information: (970) 822-7967
Code: 456 671 674#

Virtual Meeting Link: Click here to join the meeting

Agenda Item Number	Agenda Item and Item Description	Presenter	Time
1	Call Meeting to Order, Welcome, & Overview of Agenda	Chair	1:30
2	Introductions	Chair	1:30 – 1:35
3	Public Comment	Chair	1:35 – 1:40
4	Transfort & City of Loveland Transit (COLT) Updates	Transfort & COLT	1:40 – 1:45
5	LCMC Member Announcements & Update	Chair	1:45 - 1:50
6	Approval of the July Meeting Minutes	Chair	1:50 - 1:55

Presentations

Agenda Item Number	Agenda Item and Item Description	Presenter	Time
7	Larimer County Office on Aging Presentation	Limoges & Alt	1:55 – 2:25
8	Partnership for Age-Friendly Communities Presentation	Wygmans	2:25 – 2:45

Mobility Program Updates

Agenda Item Number	Agenda Item and Item Description	Presenter	Time
8	RideNoCo Data & Outreach Updates	Joyner	2:45 – 2:55
9	Mobility Program Updates	Trujillo - Martinez	Handout
10	NFRMPO Updates	Relford	Handout

419 Canyon Avenue, Suite 300
Fort Collins, Colorado 80521
(970) 800.9560
nfrmpo.org

Wrap-Up

Agenda Item Number	Agenda Item and Item Description	Presenter	Time
12	Next Meeting Agenda Suggestions	Chair	2:55 – 3:00
13	Meeting Adjournment	Chair	3:00

Next Mobility Committee Meetings:

- Northern Colorado Mobility Committee (NCMC): November 17th, 2026
- Weld County Mobility Committee (WCMC): December 15th, 2026
- Larimer County Mobility Committee (LCMC): January 26th, 2027

Mobility Committee Meeting Locations:

The NCMC, WCMC, and LCMC are **hybrid** meetings held at the following locations:

- The NCMC meets at the Windsor Community Recreation Center, Buckeye/Redwood Room, 250 11th St, Windsor, CO 80550.
- The WCMC meets at the United Way of Weld County office, 814 9th Street, Greeley, CO 80631.
- The LCMC meets at the Loveland Youth Campus, United Way Classroom 1, 2366 E 1st St, Loveland, CO 80537.

North Front Range Metropolitan Planning Organization

RIDE NOCO

Hybrid Meeting

Larimer County Mobility Committee (LCMC) Meeting Minutes

July 28th, 2026, 1:30 pm – 3:00 pm

Hybrid Meeting Location:

Loveland Youth Campus in the United Way Classroom 1 at 2366 E 1st St, Loveland, CO 80537

Welcome and Introductions

Call Meeting to Order, Welcome, and Overview of Agenda

Attendees:

In Person:

- Co-Chair Katlyn Kelly, Transfort
- Bailey Roubidoux, RAFT
- Megan Kalizac, zTrip
- Steve Conaway, RAFT
- Colleen Meyer, A Little Help

Virtual:

- Ari Edgley, Foothills Gateway
- Nathan Vander Broek, GoNoCo34
- Reese Koltz, ARC Larimer County
- Bridie Smith, COLT
- Dena Boutwell, Via Mobility Services
- Jacque Penfold, Citizen
- Dana Klein, Estes Park
- Amanda Cabot, CDOT

NFRMPO Staff:

- Tanya Trujillo-Martinez, Mobility Director
- Aaron Hull, Mobility Planner
- Lisa Joyner, Mobility Specialist

Introduction

Members introduced themselves and the agencies that they represent. In-person attendees went first, then those online.

Public Comment

No public comment was received at this meeting.

Transfort & COLT Updates

Bridie Smith said COLT will restore 30-minute service on routes #1 and #2 beginning August 17, 2026.

Co-Chair Katlyn Kelly shared that Transfort is realigning some routes, effective August 17, 2026, under its Optimization Plan, and that it will reduce or eliminate service on routes 10, 11, 12, 32, and 92. Co-Chair Kelly mentioned that Routes 19 and 81 will have expanded service days, and that Dial-A-Ride will no longer have Sunday service, but Dial-A-Taxi will be available. Co-Chair Kelly also noted a slight adjustment to the Dial-A-Ride Service area and hours, with all information available on the Transfort Website.

Approval of April Meeting's Minutes

Megan Kaliczak made a motion, seconded by Steve Conaway, to approve the April 28, 2026, meeting minutes; the motion passed unanimously.

Changing the October LCMC Meeting Date Discussion

Aaron Hull discussed moving the October LCMC meeting from October 27, 2026, because NFRMPO staff will be attending the Ozone Exchange Conference from October 26–28 at The Ranch in Loveland. Committee members indicated that October 20 works best for most participants, and Hull noted that the conference is open to attendees for a fee.

Mobility Program Updates:

RideNoCo Data & Outreach Updates

Aaron Hull shared that future Mobility Program updates will be provided as handouts to allow more meeting time for discussion and presentations. Hull mentioned that they will continue to present on the call center, website, and outreach information in person. Hull reviewed year-to-date call center and website statistics, highlighted the new RideNoCo website and ride referral form, and announced upcoming RideNoCo and NFRMPO outreach events through October.

Mobility Leadership Updates

The meeting handouts included a written report.

Mobility Planning Updates

The meeting handouts included a written report.

Presentations

A Little Help Presentation

Collen Meyer said A Little Help's mission is to connect neighbors and empower older adults to thrive at home and in their community. Meyer explained that the organization began in 2005 in

Denver as part of Washington Park Cares and that in 2007, A Little Help became a 501(c)(3) non-profit in the Denver area, then launched service in Fort Collins in 2017, thanks to a grant from PAFC.

Meyer said they then expanded to Berthoud and Loveland, and later to parts of Weld County in 2023. Meyer said A Little Help serves older adults 60 and over and offers transportation services and outdoor help like raking, trimming, gardening, weed pulling, mowing, and snow shoveling. Meyer explained that the indoor services include dusting, organizing, hanging pictures, friendly visits, simple tech help, and pet walking.

Meyer discussed eligibility for services: you must be 60 or older, live in the service area, and have a permanent residence. Meyer said there are no income requirements, and volunteers are trained and must pass a background check. Meyer explained the volunteer portal and how volunteers can review and accept client requests for service and arrange days and times. Meyer said they have over 500 background-checked volunteers, and about 150 are active and accept most requests. Meyer also discussed opportunities for groups of three or more to volunteer and the several different programs they offer. Meyer added that in November, they have dedicated Saturdays for fall outdoor cleanup. Meyer shared that in 2025, they impacted more than 400 older adults, had over 500 volunteers, and provided 1,700 direct services to older adults. Meyer estimated direct out-of-pocket cost savings of $435,881 for serving members.

Steve Conaway asked what their transportation range is, and Meyer said they don't set a range for how far they will go, but ask volunteers to stay within the community; volunteers decide how far they want to go.

Co-Chair Kelly asked if they actively recruit volunteers, and Meyer said that they have stopped taking applications for services in Loveland because they do not have enough volunteers to meet the needs. Meyer mentioned that they are looking at how to recruit volunteers.

Lisa Joyner asked if people could sign up for transportation only, and Meyer said that once you fill out an application, you are eligible for all services.

Nathan Vander Broek asked if A Little Help works with businesses to volunteer and continue to get paid while working, and Meyer said they work with a few businesses that have VTO programs and are always looking for more.

Jacque Penfold asked if they could assist people living in RVs in RV parks, and Meyer said she wasn't sure, but probably not because they are not permanent residents.

Dena Boutwell asked what services are in highest demand, and Meyer said outdoor work is the highest in demand because it is physically demanding and some people cannot do it.

Co-Chair Kelly asked what the volunteer onboarding process is like, and Meyer said there is an online application and background check. Once that goes through, training begins.

Tanya Trujillo-Martinez asked what the lead time was for scheduling a ride for an established client, and Meyer said they ask for at least five days' notice.

Meyer closed by saying the website is a wonderful place for resources and that people should feel free to email her at colleen@alittlehelp.org.

Discussions

Mobility Case Study

Hull presented a case study about an older adult near Horsetooth Reservoir who uses a walker, lacks nearby bus service, and needs transportation to medical appointments in Loveland as well as personal and grocery trips in Fort Collins. The group discussed service-area limitations for SAINT and Dial-A-Ride, potential pickup points such as JJ's or Front Range Community College, and how to apply for Dial-A-Ride and use Dial-A-Taxi vouchers. Megan Kaliczak walked through the process of applying for Dial-A-Ride services in both Loveland and Fort Collins and utilizing the Dial-A-Taxi $15 voucher.

Wrap-Up

Next Meeting Agenda Suggestions

Co-Chair Kelly requested presentations from MediDrive and the Front Range Passenger Rail about the CoCo Colorado Connector. Hull said he can set those up for future meetings and that Front Range Passenger Rail will hold upcoming town halls in Fort Collins and Loveland.

Meeting Adjournment:

Co-Chair Kelly adjourned the meeting at 2:52 pm.

Upcoming Meetings:

- Northern Colorado Mobility Committee: August 25th, 2026
- Weld County Mobility Committee: September 22nd, 2026.
- Larimer County Mobility Committee: October 20th, 2026***

*Please note:

The NCMC, WCMC, and LCMC are **hybrid** meetings with a virtual option and in-person locations at the following:

- The NCMC in-person meeting location is the Windsor Community Recreation Center, Buckeye/Redwood Room, 250 11th St, Windsor, CO 80550.
- The WCMC in-person meeting location is the United Way of Weld County office at 814 9th Street, Greeley, CO 80631.

- The LCMC in-person meeting location is the Loveland Youth Campus in United Way Classroom 1 at 2366 E 1st St, Loveland, CO 80537.



Larimer County Mobility Committee Meeting

October 20, 2026, 1:30–3:00 p.m.
Hybrid Meeting
Loveland Youth Campus, 2366 E 1st St, Loveland, CO 80537
United Way Classroom 1

North Front Range Metropolitan Planning Organization

October 20th, 2026

OVERVIEW OF AGENDA

North Front Range Metropolitan Planning Organization

RIDE NOCO

1:30 – 1:55:

1) Call Meeting to Order, Welcome, & Overview of Agenda
2) Introductions
3) Public Comment
4) Transfort & City of Loveland Transit (COLT) Updates
5) LCMC Members' Announcements & Updates
6) Approval of the July Meeting Minutes

1:55 – 2:45: **Presentations:**

7) Larimer County Office on Aging Presentation
8) Partnership for Age-Friendly Communities Presentation

2:45 - 2:55: **Mobility Program Updates**

9) RideNoCo Data & Outreach Updates
10) Mobility Program Updates (Handout)
11) NFRMPO Updates (Handout)

2:55 – 3:00: **Wrap-Up:**

12) Next Meeting Agenda Suggestions
13) Meeting Adjournment

2

INTRODUCTIONS



- Name
- Position
- Agency

3

PUBLIC COMMENT



Are any members of the public present today who would like to make a public comment?

4

TRANSFORT & CITY OF LOVELAND TRANSIT (COLT) UPDATES

5

LCMC Members Announcement & Updates

6

APPROVAL OF JULY MEETING MINUTES



Who would like to move to approve the July 2026 meeting minutes?

Second?

7

LARIMER COUNTY OFFICE ON AGING PRESENTATION

Larimer County Office on Aging Presentation

Nicole Limoges | Office on Aging Program Coordinator | NLimoges@larimer.org

Erin Alt | AAA Director of Region 2A, Larimer County Office on Aging | alte@co.larimer.co.us

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PARTNERSHIP FOR AGE-FRIENDLY COMMUNITIES PRESENTATION

North Front Range Metropolitan Planning Organization

RIDE NOCO

Partnership for Age-Friendly Communities Presentation

Cheryl Noble | Executive Director | ed@pafclarimer.org

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PAFC

Partnership For Age-Friendly Communities in Larimer County

PAFC
Partnership For Age-Friendly Communities in Larimer County

OUR VISION:

Larimer County is a community in which older adults flourish as they age.



PAFClarimer.org



Our Mission:

Foster leadership and strong community collaborations to enhance the quality of life for older adults in Larimer County.

PAFClarimer.org

As a **non-profit**, we couldn't do it without the support of our donors and sponsors

Poudre Valley REA

Your Touchstone Energy® Cooperative



Age-Friendly Communities are a great place to grow up and to age in.



How PAFC Drives Change?

Convener (Connecting)

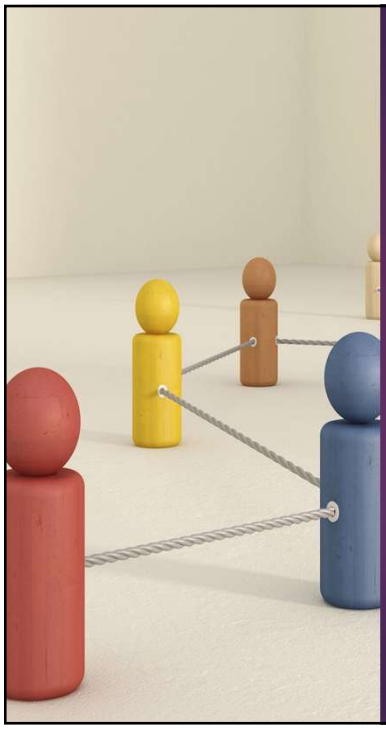
Bringing diverse partners and community members together looking for opportunities or bridge resource gaps.

Incubator (Supporting)

Exploring systemic challenges, testing innovative ideas, helping launch other non-profits, and activating community-led solutions.

Think Tank (Creating)

Launching bold pilot projects and scaling resources ensuring people thrive as they age.



How We Work.

What does it mean to be a convener, a think tank, or an incubator?

- **We Are Systemic**
  - We build solutions, connections, and frameworks, versus direct day-to-day services (with rare, strategic exceptions).
- **We Are Comfortably Uncomfortable**
  - We exist to explore and pilot unproven ideas that other service providers can't easily fund or test.
- **We Test, Learn, and Pivot**
  - Not every project succeeds, and that's ok. Failure in early iterations is data that guides the next solution.
- **Grassroots Agility**
  - Our work ebbs and flows around active community needs, not fixed, permanent programs.



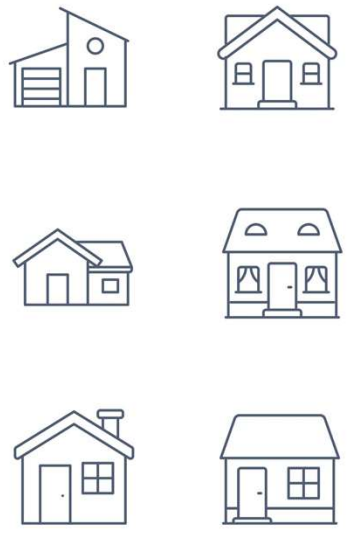
Four Priority Groups

Housing
A variety of housing options sufficient to meet individual needs.

Health and Wellness
Optimal emotional, physical, and spiritual health.

Mobility and Access
Transportation options to ensure access to key services and quality of life opportunities.

Culture of Aging
Positive community attitudes, values, and behaviors with regards to aging.



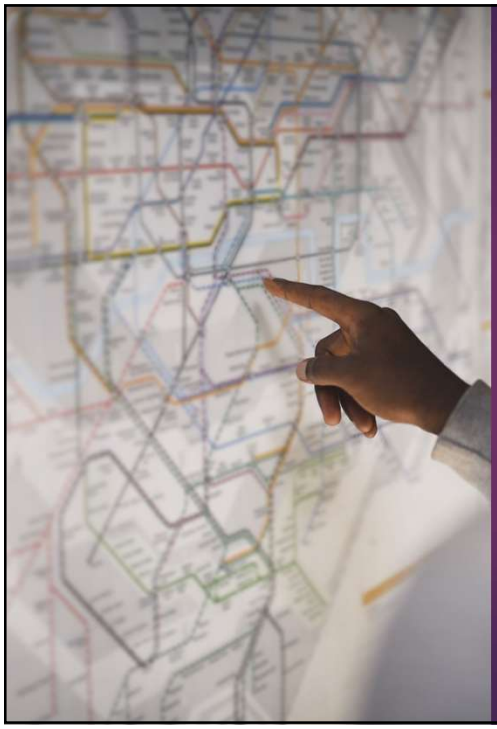
Housing

- Housing Priority Group is currently focusing on advocacy relating to housing initiatives and projects that benefit all age groups as we age
- Team remains a trusted and sought out resource in the housing industry
  - Updating the Larimer County Manufactured Home Resident Handbook for residents to understand rights and resources
  - Requested letter of support for the Design 2030 initiative
  - Requested to present at Healthy Homes regarding Senior-friendly rental practices, ADA considerations, and modifications- AARP Challenge Grant Recipient
  - Attending the Housing Conference Colorado

Health & Wellness



- Curated book list with evidence-based resources to support healthy aging
- AI training for community members and caregivers to strengthen Information & Referral skills and reduce fear around using new technology
- High-school CTE curriculum preparing students for careers in long-term care

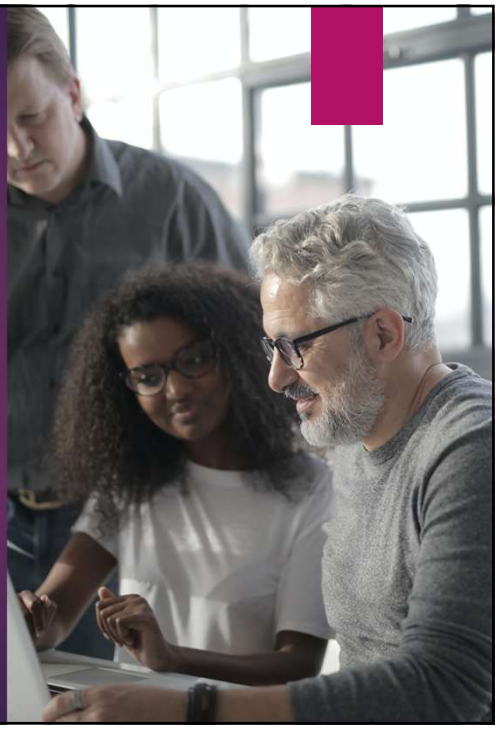


Mobility & Accesss

- Closely partnered with North Front Range Metropolitan Planning Organization - RideNoCO is a regional mobility hub that helps people, mostly older adults and disabled individuals, in Northern Colorado find safe, affordable, and reliable transportation options
- Assessing new initiatives that align with our mission and community impact

Culture of Aging

- **Blogs**
  - Graceful Aging: Stories, insights, and practical guidance for aging with confidence
  - Empowered Aging: Tips and tools for independence, inspired by volunteer and participant experiences
- **Tech Buddy Program**
  - One-on-one tech support for older adults in their communities, helping them confidently use phones, tablets, and laptops
- **Lunch & Learns**
  - Virtual Sessions covering topics from managing back pain to peer to peer payment methods (Venmo, Paypal, etc.)





Real Talk
with Micah Smith,
"Aging in Colorado"
a public affairs
episode produced by
Denver7

PAFC

Partnership For Age-Friendly Communities in Larimer County

Partnering with CSU to Foster Intergenerational Connections

PARTNERSHIP FOR AGE-FRIENDLY COMMUNITIES IN LARIMER COUNTY

Intergenerational Conversations & Game Night

- Partnership with Colorado State University's Center for Public Deliberation
- Individuals across generations come together in person to share perspectives, experiences, and play board or card games
- Conversation topics and games are structured and aim to foster meaningful connections affecting community members across generations





GenHERous

- Partnership with CSU's Center for Public Deliberation
- Women representing every generation between ages 18 and 99 are grouped into cohorts
- Creates a space for authentic stories about women's lives
- Fosters a compassionate perspective of ourselves and other women across generations

Other Ways We Partner with Colorado State University

- Collaborating with a CSU Communications course on strategic projects
  - Enhancing overall branding and messaging
  - Updating and refining website content
  - Advancing our AI Pilot Program for Information & Referral, Health & Wellness
  - Surveying volunteers and participants to guide future improvements



A Selection of Launched Projects

- Sound Affects: connecting older adults to professional music performances, with musicians visiting assisted living facilities and retirement communities
- The Toy, Game, and Puzzle Library: serve our community by providing sustainable resources and inclusive opportunities for people of all ages and backgrounds to play together.
- A Little Help to Northern Colorado: empowers older adults to live independently by connecting them with caring volunteers



Who We Are at Our Core

- Grassroots-driven, volunteer-powered, and community-rooted
- An incubator and convener for opportunities and solutions
- A mobilizer of priority groups for targeted, local impact
- Maximizing our potential as an Age-Friendly Community

RIDENOCO DATA & OUTREACH UPDATES

RideNoCo Data & Outreach Updates

Lisa Joyner | Mobility Specialist | ljoyner@nfrmpo.org

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Calls and Website Visits Stats YTD

1/1/2025 – 10/16/2025

- Calls**: 286**
- Website Visits**: 5,623**



49% increase from 2025



93% increase from 2025

Year	Calls/Emails	Website Visits
2021	94	772
2022	143	1,986
2023	261	3,865
2024	368	4,968
2025	387	9,556
2026 YTD:	426	10,826

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RideNoCo & the NFRMPO Outreach Events

October

- 10/3 - **Tour de Corgi |** Civic Center Park, Fort Collins
- 10/5 - **Senior Symposium Presentation** | Island Grove Center, Greeley
- 10/13 - **Aging and Disabilities Resource Center Presentation**
- 10/15 - **Weld Project Connect** | Island Grove Events Center, Greeley
- 10/18 - **Open Streets |** Laurel Street between Mason and Shields, Fort Collins
- 10/22 - **Envision Health & Wellness Fair |** 1050 37th Street, Evans

November

- 11/14 - **Wildcraft Farmers Market |** Foothills Mall, Fort Collins



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HANDOUTS IN PACKET

8) Mobility Program Updates (Handout)

Tanya Trujillo-Martinez, M.A. | Mobility Director | ttrujillo-martinez@nfrmpo.org

9) NFRMPO Updates (Handout)

Elizabeth Relford| Executive Director | ereflord@nfrmpo.org

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NEXT MEETING AGENDA SUGGESTIONS



Do any of you have suggestions for Next Meeting's Agenda?

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MEETING ADJOURNED!



Meeting Adjourned!

Thank you all very much!

Next NCMC: November 17th, 2026

Next WCMC: December 15th, 2026

Next LCMC: January 26th, 2027

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Thank you! Connect with the RideNoCo Team

Aaron Hull
Mobility Planner
ahull@nfrmpo.org
(970) 672-0677

Tanya Trujillo-Martinez
Mobility Director
ttrujillo-martinez@nfrmpo.org
(970) 999-0072

Lisa Joyner
Mobility Specialist
ljoyner@nfrmpo.org
(970) 300-1076

North Front Range Metropolitan Planning Organization

RideNoCo
8 am-5 pm, Monday-Friday
mobility@nfrmpo.org
(970) 514-3636

RideNoCo Website

If you need any accommodations to access this document's content, please email staff@nfrmpo.org or call (970) 800-9560. You can expect a response within three business days.

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LARIMER COUNTY OFFICE ON AGING (LCOA)

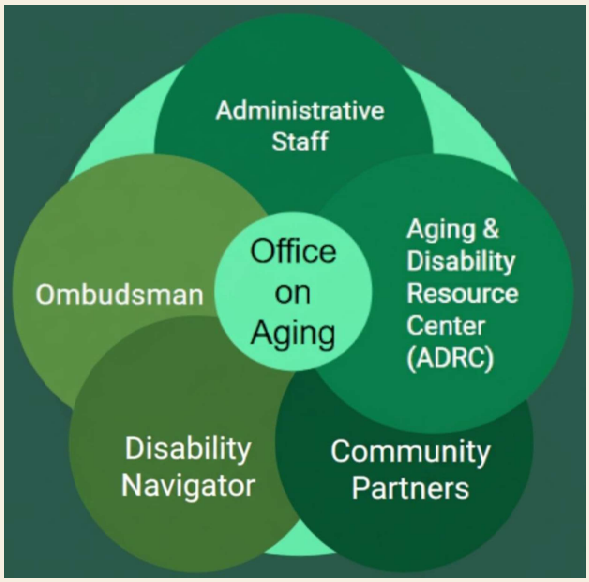
Area Agency on Aging (AAA)

OFFICE ON AGING (LCOA)

- 1 of 16 Area Agencies on Aging (AAA) in Colorado
- Receives funding from
  - Older Americans Act (Federal)
  - Older Coloradans Fund (State)
  - County Funds
  - Donations & Grants (Misc)
- Lead agency for coordinating services for people in Larimer County regardless of immigration status.
  - age 60+
  - caregivers of adults 60+
  - adults 55+ caring for children under 18

OFFICE ON AGING

- Part of the Larimer County Department of Human Services under the Operations and Organizational Development (OOD) Division.
- We host the Aging and Disability Resource Center (ADRC) with 9 staff as well as 4 ombudsman and 3 disability navigators.



LONG-TERM CARE OMBUDSMAN PROGRAM

The Swedish word ombudsman means a “representative of the people”



The Long-Term Care Ombudsman work to protect the rights of residents of assisted living residences and nursing facilities. Anyone can contact the ombudsman with concerns.

Visit larimer.gov/Ombudsman to learn more.

970-498-7754 | Ombudsman@larimer.gov

DISABILITY NAVIGATOR PROGRAM

Helps individuals with a disability or blindness and financial need navigate the complex Social Security Administration (SSA) benefit application process.

Eligibility

- Adults age 18-59
- Children in Larimer County's custody

Can assist with

- SSDI/SSI Applications
- Denials/Appeals
- Hearings

AGING & DISABILITY RESOURCE CENTER (ADRC)

Services Include:

- Transition Services
- Options Counseling
- Application Assistance
  - Long Term Care Medicaid
  - Medicare Savings Programs
- Information & Assistance
- Chore Voucher
- In-Home Services Voucher
- Caregiver Respite Voucher
- Grand Family Respite Voucher
- Caregiver Consultations
- Outreach

AGING & DISABILITY RESOURCE CENTER (ADRC)

Transition Services

- To assist individuals with long term care Medicaid benefits who wish to transition out of a Skilled Nursing Facility back into the community
- Individual and Group In-Reach Counseling

Options Counseling

- Person-centered assistance to help individuals create a long term care plan tailored to meet their needs and wishes

AGING & DISABILITY RESOURCE CENTER (ADRC)

Application Assistance

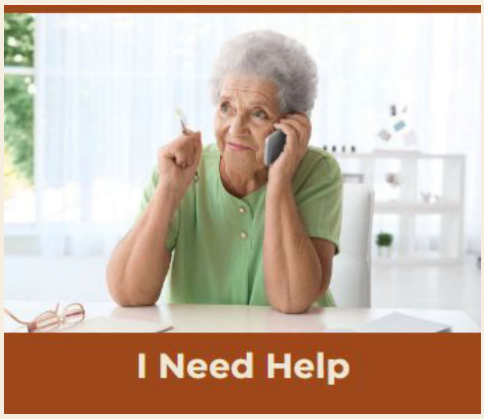
- For Long Term Care Medicaid
- And Medicare Savings Programs (MSP) only
- Assist people Age 60+ or 18-59 living with a disability
- Or homebound individuals who have no other options for application assistance

Health First COLORADO™
Colorado's Medicaid Program

AGING & DISABILITY RESOURCE CENTER (ADRC)

Information & Assistance

- Call, text or email
  - 970-498-7750
  - ADRC@larimer.gov
- Resource experts
- Referral to programs and services
- Help understanding public assistance programs and benefits



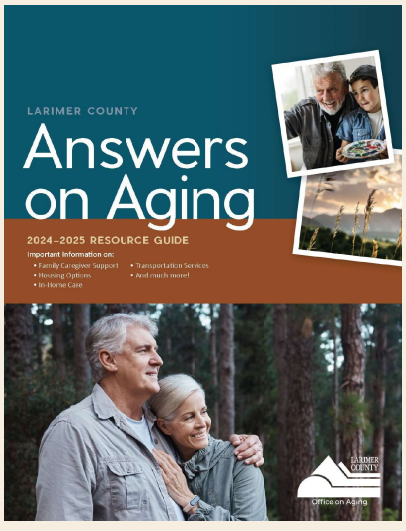
AGING & DISABILITY RESOURCE CENTER (ADRC)

Answers on Aging Resource Guide

- Digital copy online (English & Spanish)
- Updated live and reviewed annually

Larimer.gov/seniors Website

- Overview of services
- Links to other county services
- Events
- Newsletter
- Resource guide



AGING & DISABILITY RESOURCE CENTER (ADRC)

Chore Voucher

- For individuals age 60+ who may be experiencing physical limitations that prevents them from completing chores
- Individuals must find their own provider for services.
- Reimbursed for approved work
- Examples: Yard work, snow removal, gutter cleaning



AGING & DISABILITY RESOURCE CENTER (ADRC)

In-Home Services Voucher

- For individuals age 60+
- To qualify individuals must need assistance with certain activities
  - LCOA contracts with licensed home care agencies to provide assistance to help individuals stay in their homes.
- Services Include:
  - Homemaker
    - Light housekeeping
    - Meal preparation
    - transportation
  - Personal Care
    - Stand by assistance with showering, dressing, hair grooming

AGING & DISABILITY RESOURCE CENTER (ADRC)

Family Caregiver Support Program

- Caregiver Consultations
  - Resource toolkits and books
  - Support groups
  - Caregiver events
- Caregiver Respite Voucher
- Grand Family Respite Voucher



AGING & DISABILITY RESOURCE CENTER (ADRC)

Family Caregiver Support Program
Respite Voucher

Care Recipient Eligibility

- Must be 60+ *or* 18-59 with dementia or related disorder
- Need assistance with 2 ADLs *or* require substantial supervision for health or safety reasons

- Respite can be provided by family member, friend or service provider.
- Reimbursed program
- Respite examples:
  - Companionship
  - Care at overnight or day facility

AGING & DISABILITY RESOURCE CENTER (ADRC)

Family Caregiver Support Program
Grand Family Respite Voucher

Caregiver Eligibility

- 55+
- Lives with and is primary caregiver of a child

Care Recipient Eligibility

- Must be 17 or younger

- Respite can be provided by family member, friend or service provider.
- Reimbursed program
- Respite examples:
  - In-home respite or house cleaning
  - Day care or after school programming

CONTRACTED SERVICES

OFFICE ON AGING - CONTRACTED PROVIDERS

Adult Day Services - Elderhaus
Assisted Transportation - RAFT & Via Mobility
Caregiver Counseling - Aging Clinic of the Rockies
Evidence Based Disease Prevention Classes - UCHealth
Legal Assistance - CO Legal Services
Vision Services: Screening, Education & Material Aid - Ensight
Transportation - SAINT & Wellington Senior Center



Office on Aging Advisory Council

OFFICE ON AGING - NUTRITION PROVIDERS

MOW of Loveland & Berthoud

- Home Delivered Meals - fresh daily meals

Volunteer of America

- Congregate Meals
  - 4 locations
  - Meals provided by the Larimer County Food Bank
- Home delivered meals - frozen

Both offer Nutrition Counseling & Nutrition Education



SERVICES BY THE NUMBERS

Services	Individuals Served	Services Provided
Legal Assistance	N/A	685 hours
Home Delivered Meals	770	89,102 meals
Congregate/GNG	564	13,901 meals
Homemaker	147	4611 hours
Transportation	549	14,706 rides

*Statistics from SFY 26

Office on Aging Advisory Council

QUESTIONS

Erin Alt, Program Manager
erin.alt@larimer.gov

Nicole Limoges, Program Coordinator
nlimoges@larimer.gov




THANK YOU

PAFC

Partnership For Age-Friendly Communities in Larimer County





Our Mission:

Foster leadership and strong community collaborations to enhance the quality of life for older adults in Larimer County.

PAFClarimer.org

As a **non-profit**, we couldn't do it without the support of our donors and sponsors

Poudre Valley REA

Your Touchstone Energy® Cooperative



Age-Friendly Communities are a great place to grow up and to age in.

PARTNERSHIPS & COLLABORATION



How PAFC Drives Change?

Convener (Connecting)

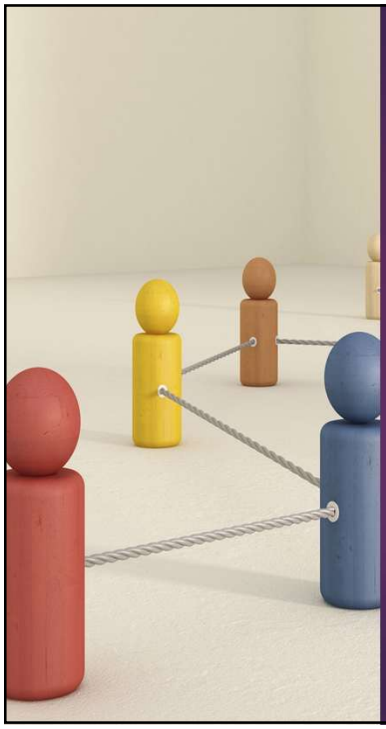
Bringing diverse partners and community members together looking for opportunities or bridge resource gaps.

Incubator (Supporting)

Exploring systemic challenges, testing innovative ideas, helping launch other non-profits, and activating community-led solutions.

Think Tank (Creating)

Launching bold pilot projects and scaling resources ensuring people thrive as they age.



How We Work.

What does it mean to be a convener, a think tank, or an incubator?

- **We Are Systemic**
  - We build solutions, connections, and frameworks, versus direct day-to-day services (with rare, strategic exceptions).
- **We Are Comfortably Uncomfortable**
  - We exist to explore and pilot unproven ideas that other service providers can't easily fund or test.
- **We Test, Learn, and Pivot**
  - Not every project succeeds, and that's ok. Failure in early iterations is data that guides the next solution.
- **Grassroots Agility**
  - Our work ebbs and flows around active community needs, not fixed, permanent programs.



Four Priority Groups

Housing

A variety of housing options sufficient to meet individual needs.

Health and Wellness

Optimal emotional, physical, and spiritual health.

Mobility and Access

Transportation options to ensure access to key services and quality of life opportunities.

Culture of Aging

Positive community attitudes, values, and behaviors with regards to aging.



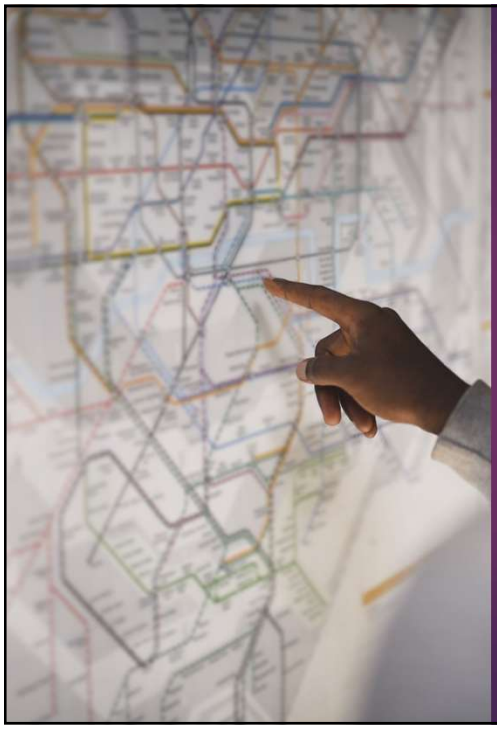
Housing

- Housing Priority Group is currently focusing on advocacy relating to housing initiatives and projects that benefit all age groups as we age
- Team remains a trusted and sought out resource in the housing industry
  - Updating the Larimer County Manufactured Home Resident Handbook for residents to understand rights and resources
  - Requested letter of support for the Design 2030 initiative
  - Requested to present at Healthy Homes regarding Senior-friendly rental practices, ADA considerations, and modifications- AARP Challenge Grant Recipient
  - Attending the Housing Conference Colorado

Health & Wellness



- Curated book list with evidence-based resources to support healthy aging
- AI training for community members and caregivers to strengthen Information & Referral skills and reduce fear around using new technology
- High-school CTE curriculum preparing students for careers in long-term care

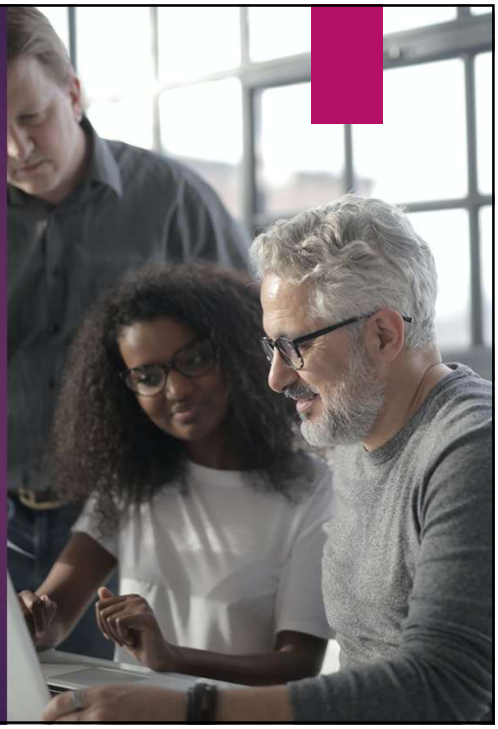


Mobility & Accesss

- Closely partnered with North Front Range Metropolitan Planning Organization - RideNoCO is a regional mobility hub that helps people, mostly older adults and disabled individuals, in Northern Colorado find safe, affordable, and reliable transportation options
- Assessing new initiatives that align with our mission and community impact

Culture of Aging

- **Blogs**
  - Graceful Aging: Stories, insights, and practical guidance for aging with confidence
  - Empowered Aging: Tips and tools for independence, inspired by volunteer and participant experiences
- **Tech Buddy Program**
  - One-on-one tech support for older adults in their communities, helping them confidently use phones, tablets, and laptops
- **Lunch & Learns**
  - Virtual Sessions covering topics from managing back pain to peer to peer payment methods (Venmo, Paypal, etc.)





Real Talk
with Micah Smith,
"Aging in Colorado"
a public affairs
episode produced by
Denver7

PAFC
Partnership For Age-Friendly
Communities in Larimer County

Partnering with CSU to Foster Intergenerational Connections

PARTNERSHIP FOR AGE-FRIENDLY COMMUNITIES IN LARIMER COUNTY

Intergenerational Conversations & Game Night

- Partnership with Colorado State University's Center for Public Deliberation
- Individuals across generations come together in person to share perspectives, experiences, and play board or card games
- Conversation topics and games are structured and aim to foster meaningful connections affecting community members across generations





GenHERous

- Partnership with CSU's Center for Public Deliberation
- Women representing every generation between ages 18 and 99 are grouped into cohorts
- Creates a space for authentic stories about women's lives
- Fosters a compassionate perspective of ourselves and other women across generations

Other Ways We Partner with Colorado State University

- Collaborating with a CSU Communications course on strategic projects
  - Enhancing overall branding and messaging
  - Updating and refining website content
  - Advancing our AI Pilot Program for Information & Referral, Health & Wellness
  - Surveying volunteers and participants to guide future improvements



A Selection of Launched Projects

- Sound Affects: connecting older adults to professional music performances, with musicians visiting assisted living facilities and retirement communities
- The Toy, Game, and Puzzle Library: serve our community by providing sustainable resources and inclusive opportunities for people of all ages and backgrounds to play together.
- A Little Help to Northern Colorado: empowers older adults to live independently by connecting them with caring volunteers



Who We Are at Our Core

- Grassroots-driven, volunteer-powered, and community-rooted
- An incubator and convener for opportunities and solutions
- A mobilizer of priority groups for targeted, local impact
- Maximizing our potential as an Age-Friendly Community

North Front Range Metropolitan Planning Organization

RIDE NOCO
Connecting You & Northern Colorado

MOBILITY UPDATES

RIDENOCO CONTACT & DIGITAL REACH





CALLS & EMAILS

426

+49% FROM 2025

WEBSITE VISITS

10,826+

+ 93% FROM 2025

PLATFORM EXPANSION PILOT



CURRENT STATUS: TESTING

We are in the testing phase and are excited about the results so far. We will continue to provide updates and hope to be live soon.

GRANT & FUNDING UPDATES

Awards, opportunities, and deadlines



2027 SECTION 5310 FUNDING

NFRMPO received $167,000 in combined 2027 Section 5310 Urban and Rural funding.

2028 SECTION 5310 GRANTS

The 2028 Section 5310 Notice of Funding Availability (NOFA) was released during the second week of October 2026. Applications are due in December 2026.

OUTREACH EQUIPMENT REQUEST

NFRMPO submitted a $7,900 funding request for digital equipment and auxiliary devices to support public outreach and community engagement.

FEATURED COMMUNITY EVENT

MILLIKEN COMMUNITY WALK AUDIT

FRI., NOV. 13 2026 | **12:00 P.M.** | **ABOUT 2 HOURS**

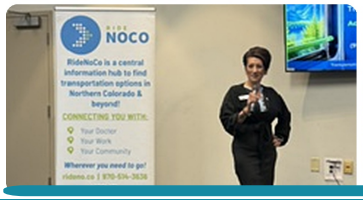
MILLIKEN SENIOR CENTER

Walk local routes and share observations about opportunities for safer, healthier, and more accessible streets and sidewalks. Bring walking shoes, observations, and ideas. Sponsored by NFRMPO.

OUTREACH IN ACTION









FALL OUTREACH DATES & LOCATIONS

OCT. 1	Weld Senior Symposium - Island Grove, Greeley
OCT. 3	Tour de Corgi - Civic Center Park, Fort Collins
OCT. 15	Weld Project Connect - Island Grove Event Center, Greeley
OCT. 18	Open Streets - Laurel St. between Mason & Shields, Fort Collins
OCT. 22	Envision Health & Wellness Fair - 1050 37th St., Evans
NOV. 13	Milliken Walk Audit - Milliken Senior Center
NOV. 14	Wildcraft Farmers Market - Foothills Mall, Fort Collins



GO-TOBER CHALLENGE
OCTOBER 1-31, 2026

Replace drive-alone trips with walking, biking, rolling, transit, carpooling, vanpooling, or teleworking.

HOW TO JOIN: Create an account, join the challenge, and log trips. @ RideNo.Co

RideNoCo | mobility@nfrmpo.org | (970) 514-3636 | Monday-Friday, 8 a.m.-5 p.m.

ACCESSIBILITY ACCOMMODATIONS: staff@nfrmpo.org | (970) 800-9560 | Please allow three business days for a response.

IMW Ozone Exchange Conference
October 26-28, 2026



INTERMOUNTAIN WEST MPOs
THE OZONE EXCHANGE
Down to Earth About Ozone.

Elizabeth Relford, NFRMPO Executive Director
Andrew Gunning, PPACG Executive Director

North Front Range Metropolitan Planning Organization | Intermountain MPOs | Pikes Peak Area Council of Governments — Communities Working Together

1

Conference Organizers and Partners

Organizers

- North Front Range Metropolitan Planning Organization (NFRMPO)
- Pikes Peak Area Council of Governments (PPACG)
- Their Consultant: Two Roads Environmental

Intermountain MPOs

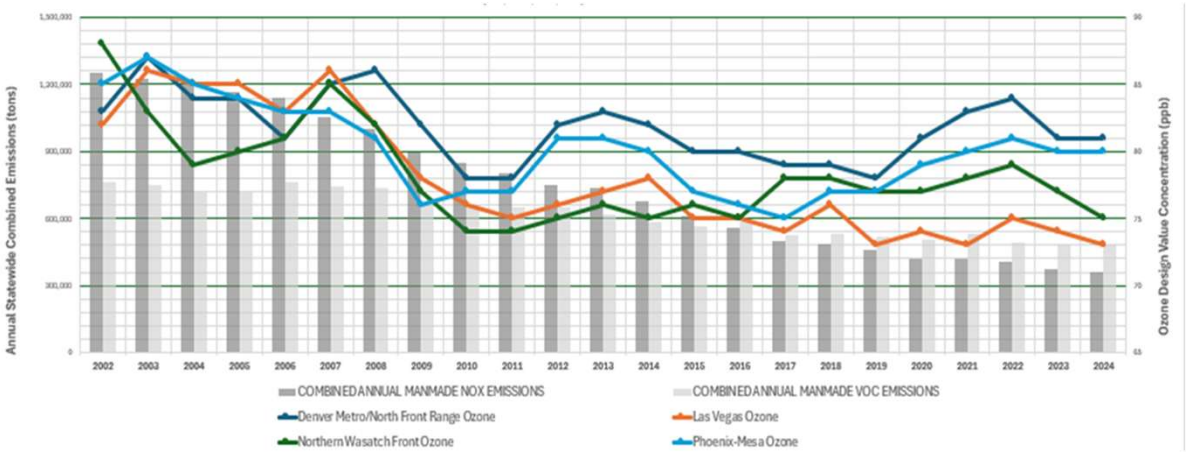
Partners

- Colorado's Air Quality Enterprise
- Intermountain West Metropolitan Planning Organizations (MPOs) for the following areas:
  - Arizona: Phoenix and Tucson
  - Colorado: Denver Metro, the North Front Range Area, & Pikes Peak region
  - Utah: Salt Lake City and Orem/Provo
  - Nevada: Las Vegas and Reno
  - New Mexico: Albuquerque
  - Idaho: Boise
  - Washington: Spokane
  - California: Sacramento and Lake Tahoe
- State and local air quality planning agencies in Arizona, Colorado, Nevada and Utah
- Sponsors

2

Conference Purpose

Ozone levels in the intermountain west are no longer responding as expected to significantly decreased human-made precursor pollutant emissions



3

Conference Goals

Audience: We encourage attendance from people concerned about ozone in the intermountain west (IMW), people wanting to better understand our current challenges in meeting ozone standards, and people wanting to share research findings and solutions that could help with IMW ozone.

Conference Goals:

- Share information among IMW air quality agencies, metropolitan planning organizations, academic researchers, industry, local governments, community groups, and members of the public
- Educate on the EPA's State Implementation Plan process and Clean Air Act requirements and provisions
- Understand unique regional challenges and considerations faced in the IMW
- Discuss public communications challenges and ideas for improvements
- Discuss near-term and long-term solutions and identify research gaps

4

Conference Details

Conference Logistics

October 26-28, 2026
3-day conference with technical presentations, panel discussions, poster presentations, and roundtable discussions

Venue & Location
Pedersen Toyota Center, Loveland, CO

Language Services
Language interpretation available upon request - please contact us as soon as possible to make arrangements

Program Details and More
See our new website: ozoneexchange.org (the old NFRMPO webpage auto re-routes to new website)

Program Vision

Day 1: Air Quality Planning
Legal requirements, realities, and presentations from AZ, CO, NV, and UT air quality planning agencies

Day 2: Air Quality Research
Scientific investigations, modeling outcomes, and data analyses (completed and on-going)

Day 3: Public Health & Next Steps
Air quality public health communications, critical research gaps, and strategic collaborative next steps

Note: This conference will not debate ozone health and environmental effects, the setting of the ozone standard, nor advocate for specific statutory, regulatory, or policy changes.

5

Air Quality Enterprise (AQE)

Organizers Seeking Funding
to partially offset costs to plan and host the Ozone Exchange. With the overall conference cost estimated at approximately $700,000.00, we sought funding from the AQE and are actively seeking additional sponsors.

AQE Award
$300,000

Dedicated to lower costs & promote attendance:
- Speaker stipends
- Attendee scholarships
- Lower registration fees

Presenter Stipends
Up to $2,500 / presenter

Presenters have registration waived and may seek additional funding via stipends.

Attendee Scholarships
Up to $1,500 / individual

Attendees and organizations may seek scholarships to support participation.
- while funding lasts
- reimbursement after conference close

Guidelines & Details
- Based on role, need, in-state vs out-of-state travel costs, and availability
- Stipends and scholarships will be disbursed after the conference
- Scholarships prioritized for state/local governments and community representatives
- Available while funding lasts

Thank you AQE! Thank you to the research community! Thank you to everyone who is donating time, providing funding, or otherwise supporting and promoting the Ozone Exchange!

6

Response to Call for Abstracts



61
Abstracts Submitted

6
Proposed Panels

Submissions by Sector

- **Academia:** 54.1% (33)
- **Consulting:** 21.3% (13)
- **State Government:** 8.2% (5 - UT, CO)
- **Federal Government:** 4.9% (3 - EPA)
- **Local Government:** 4.9% (3)
- **Air Planning Org:** 4.9% (3 - RAQC)
- **Law:** 1.6% (1)

Submissions by State / Region

- **Colorado:** 35 | **Utah:** 7
- **Arizona:** 4 | **Nevada:** 2
- **West Coast:** 4 | **East Coast:** 3
- **Wisconsin:** 1

Key Considerations

- Session fit & duration
- Presentation, panel, and/or poster
- Dialogue and collaboration opportunities
- Actionable takeaways for air planners, elected officials, and local residents

7

Program Details to Date

Day 1: Planning

- **Clean Air Act 101** and Planning Realities
- **State of Ozone** in the IMW
- **Ozone Attainment** Efforts in the IMW
- **IMW Research** to Improve Understanding
- **Transportation's Role** in Planning
- **Flash Talks** on Incentive Programs

Confirmed Presenters:
Govt: EPA; state/local: AZ, CO, NV, UT air & transportation planners, attorneys
Research: UA, BYU, UW, CSU, NOAA, SUNY

Day 2: Research

- **Wildfire Smoke** Impacts on Ozone
- **Unique IMW** Geographic Challenges
- **Emerging Air Quality** Methodologies
- **Biogenic Emissions** and Impacts
- **Poster Session**

Confirmed Presenters:
Govt: EPA; state/local: CO, NV air planners
Research: CU, CSU, BYU, UWM, NOAA, CIRES, Princeton, RAMBOLL, Boulder Air, Spheros, Giner

Day 3: Public Health Communication & Next Steps

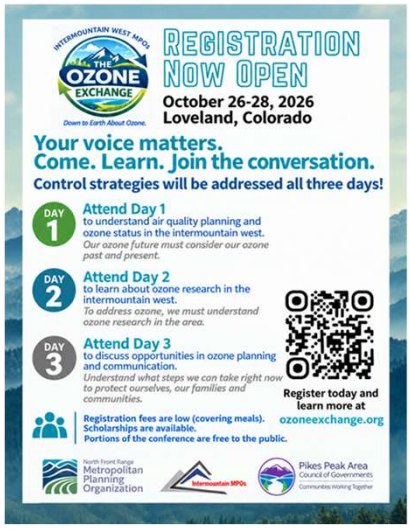
- **Human-made** Contributions
- **Options** for State Implementation Plan Development
- **Improving Public** Communications of the Ozone Problem
- **Opportunities** to Align Ozone Public Messaging
- **Research Next Steps**

Confirmed Presenters:
Govt: state/local AZ, CO, UT air planners
Research: CU, CSU, CIRES, RAMBOLL, UW, UWM
Other: Beatty & Wozniak, Airi Consulting, Forest Green Consulting

Audience &/or Public Engagement Opportunities

8

Register & Help Spread the Word



Join the Intermountain West Ozone Exchange

Whether you are a researcher, air quality specialist, decision-maker, community representative or just plain wondering about ozone in the intermountain west, you're not going to want to miss this October 26-28, 2026 Intermountain West Ozone Exchange conference in Colorado!

Learn about ozone research. Ask questions. Share concerns. Join the conversation!

Scholarships & Registration

Scholarships are available. Registration is affordable - so register today!

$300 (including fees)	$400 (including fees)	$500 (including fees)
Government / Nonprofit / Community	Private Industry	Late Registration

9

Community-driven Elements

Audience Engagement Themes

- **Highlight community-driven elements by:**
  - Breaking down barriers
  - Finding common ground
  - Highlighting commonality
- **Promote active engagement at all levels** (sharing, asking questions, listening to others with different perspectives)
- **Have fun!**

How does ozone research impact you?

What is the value of air quality research to the public?

Where can you find reliable air quality information in your area?

What steps can you take to protect yourself?

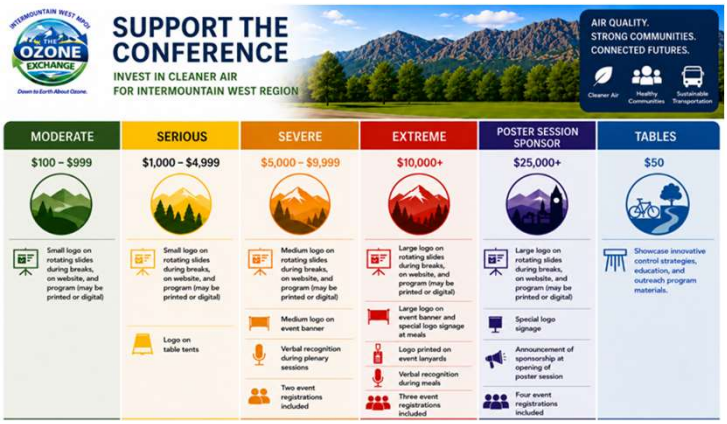
Community Engagement Efforts

- **Designing conference**
- **Marketing conference**
- **Open to public elements**
- **Registration fees & scholarships**
- **Audience engagement**
- **Conference recommendations**

10

Sponsors & In-kind Services

We are grateful for support! We've got more to do.
Please support the Intermountain West Ozone Exchange!



Email: imwozone@outlook.com Visit our website: ozoneexchange.org

11

THANK YOU!

We appreciate your time today!

We hope to see you at the Ozone Exchange, October 26-28, 2026 at the Pedersen Toyota Center, Loveland, CO!

ORGANIZERS	PLANNING TEAM	ABSTRACT REVIEW COMMITTEE
Elizabeth Relford Executive Director — NFRMPO **Andrew Gunning** Executive Director — PPACG **Dena Wojtach** President — Two Roads Environmental	**Core Planning Team** **Angie Martel** (PPACG) **Jared Vernor** (PPACG) **Becky Karasko** (NFRMPO) **Dr. Annareli Morales** (Weld Co) **Josh Korth** (APCD) **Sarah Downes** (APCD) **Facilitator** **Suzette Mallette** (Compass Consulting)	**Ryan Bares** Utah Department of Environmental Quality **Dr. Fariba Soltani** Wasatch Front Regional Council **Matthew Poppen** Maricopa Association of Governments **Yousaf Hameed** Clark County **Sarah Downes** Colorado Air Pollution Control Division **Dr. Annareli Morales** Weld County **Courtney Taylor** Ramboll **Dena Wojtach** Two Roads Environmental

Email: imwozone@outlook.com Visit our website: ozoneexchange.org

12

2026 Mobility Committee Meeting Calendar

LCMC: Larimer County Mobility Committee
NCMC: Northern Colorado Mobility Committee
WCMC: Weld County Mobility Committee

2026 Meeting Dates:	
1/27/2026	**LCMC**
2/24/2026	**NCMC**
3/24/2026	**WCMC**
4/28/2026	**LCMC**
5/26/2026	**NCMC**
6/23/2026	**WCMC**
7/28/2026	**LCMC**
8/25/2026	**NCMC**
9/22/2026	**WCMC**
10/27/2026	**LCMC**
11/17/2026	**NCMC**
12/15/2026	**WCMC**

North Front Range Metropolitan Planning Organization

2026 Meeting Dates		
LCMC	**NCMC**	**WCMC**
January **LCMC** Tues. January 27th **1:30 - 3:00 pm**	February **NCMC** Tues. February 24th **1:00 - 3:30 pm**	March **WCMC** Tues. March 24th **1:30 - 3:00 pm**
April **LCMC** Tues. April 28th **1:30 - 3:00 pm**	May **NCMC** Tues. May 26th **1:00 - 3:30 pm**	June **WCMC** Tues. June 23rd **1:30 - 3:00 pm**
July **LCMC** Tues. July 28th **1:30 - 3:00 pm**	August **NCMC** Tues. August 25th **1:00 - 3:30 pm**	September **WCMC** Tues. September 22nd **1:30 - 3:00 pm**
October **LCMC** Tues. October 20th **1:30 - 3:00 pm** *3rd Tuesday due to Ozone Exchange	November **NCMC** Tues. November 17th **1:00 - 3:30 pm** *3rd Tuesday due to Holidays	December **WCMC** Tues. December 15th **1:30 - 3:00 pm** *3rd Tuesday due to Holidays
Meeting Locations (All Hybrid Format)		
Loveland Youth Campus Conference Room 1 2366 E 1st, Loveland CO 80537	Windsor Community Recreation Center Buckeye/Redwood Room 250 11th St, Windsor, CO 80550	United Way of Weld County Office Building 814 9th St, Greeley, CO 80631
rideno.co	970.514.3636	mobility@nfrmpo.org
Mobility Committee meetings are held in a hybrid format on the 4th Tuesday of the Month unless changed due to holidays or any necessary reasons.		